NOTICES

'Say what you see' Art and Christian Faith Despite a lack of popular demand, Jonny is teaching a five-week course at the Cathedral Study Centre (Wednesdays in June and July 2nd on Zoom, 7.30-9.00) on how Christian faith and art have developed together, from 3rd century sarcophagi through to 21st century kitsch. The cathedral is kindly offering anyone from this parish a 25% discount on the course which makes it £52.50. If you would like to sign up, please contact Marina at studycentre@stalbanscathedral.org and ask to apply the discount.

Ladies' Night Is here once again! This Tuesday (4th June), Portland Arms, 8pm.

Emily's research project If anyone still has these to return could they do so this week please? Thanks so much. Emily.

SAVE THE DATE: 15th June between 10 a.m. and 12 p.m. In celebration of His Majesty the King's official birthday, your M&C Committee are organising a community litter pick. We will meet at the Parish Centre and head off across St Michael's Village to help keep our local area spick and span! Litter picking equipment will be provided but bring your own if you can. Refreshments will be available between these times. Come if you can.

22nd June: 2.30 p.m. and 7.30 p.m. at the Roman Theatre, Verulamium – From Stage and Screen with Kate Lindeman. Join local soprano Kate Lindeman and guest performers for an enchanting evening of musical theatre magic, featuring songs from Broadway and the West End's biggest hits, and musical favourites from films such as The Greatest Showman and The Sound of Music. For more information and to book tickets, which cost from £15.50 to £24.50, please visit the OVO website on https://ovo.org.uk/shows/from-stage-and-screen/

HALF MARATHON 9th **June** This year is leaving an hour earlier which means the walking group will go past church at 7.30 a.m. and the runners about 9.00 a.m. As usual walking and cycling to church are probably easiest, but the marshals have been given instructions to let people going to church through and there are spaces reserved for us in the car park, and please do feel free to fill up the vicarage drive.

A reminder that the annual St Michael's Folk Evening is nearly upon us - Wednesday 3rd July - with our Bell Ringers starting the event at 7:0 p.m. Planning is in full swing by your M&C committee, and we will once again welcome the SwanVesta Social Club to the churchyard. Food and beer will be provided by The Lower Red Lion, Papa Paella, The 3 Brewers, Inn on the Park and of course there will be a bar for soft drinks, snacks and wine. If you are planning to attend and can help setup, serve, and/or clear away, the team would love to hear from you. Please contact Jane Larman on janelarman@sky.com for more details.

FOR YOUR DIARY: Future parish walks/lunches are planned for Friday, 5th July, Thursday, 8th August (parish picnic) and Thursday, 26th September. Please watch this space for more information.



Services this Week

All services take place at St Michael's unless otherwise stated.

Sunday, 2nd June 2024: Corpus Christi

Our organist today is Sedona de Silva, our organ scholar

8.00 a.m. Holy Eucharist

9.30 a.m. All-Age Parish Eucharist6.00 p.m. Holy Eucharist (St Mary's)

Wednesday, 5th June

9.30 a.m. St Michael's School Service

10.00 a.m. Morning Prayer10.30 a.m. Holy Eucharist

Sunday, 9th June 2024: Second Sunday after Trinity

8.00 a.m. Holy Eucharist9.30 a.m. Parish Eucharist

6.00 p.m. Evensong (St Mary's)

Contact Information:

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(9.00 a.m.-12.00 p.m. Monday, Tuesday, Thursday and Friday)

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Welcome to our service this morning for Corpus Christi- the Latin name for the bread of the Eucharist that we receive each week. Today is an all-age service so we all worship together.

Please feel free to use the Tower Room if you need privacy (e.g. nappy change) which has a sound relay of the service. **Toilets** are available in the Parish Centre at the east end of the churchyard; please see a steward for access. All are welcome to stay for **refreshments** after the service in the Parish Centre. If you are new, we would love to meet you!

Collect - Corpus Christi

Lord Jesus Christ, we thank you that in this wonderful sacrament you have given us the memorial of your passion: grant us so to reverence the sacred mysteries of your body and blood that we may know within ourselves and show forth in our lives the fruits of your redemption; for you are alive and reign with the Father in the unity of the Holy Spirit, one God, now and for ever. Amen.

New Testament Reading: I Corinthians II: 23-26

For I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, 'This is my body that is for you. Do this in remembrance of me.' In the same way he took the cup also, after supper, saying, 'This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.' For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

Gospel Reading: John 6: 51-58

Jesus said, 'I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

The people then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

Prayer Over the Gifts

Lord our God, make these gifts holy, and through them make us a perfect offering to you. We ask this in the name of Jesus the Lord. Amen.

Please remember in your prayers:

- All who distribute the Holy Eucharist, lay and ordained
- For those who can't receive the Eucharist because of physical infirmity.
- Everyone preparing to run in the St Albans Half Marathon
- those who are ill, including: Ben Collins, Anne Fletcher, Jacqui Follett, Debbie Greenwood, Helen Huson, Rachael Hymas, Ingrid Kluckova, Joanne Laws, Sam Mahoney, John Polhill, Alice Reardon, Cora Marie Varshney
- the recently departed, including Alison Munro and Leonie Thompson and those who mourn them
- this week the diocese asks us to pray for: Places of Pilgrimage in the United Kingdom